## Centene Advanced Behavioral Health

White Paper

The Mental Health and Substance Use Impact of COVID-19





Nearly every care provider, policy-based behavioral health advocacy group, and research organization has predicted significant increases in the need for mental health and substance use treatment as a result of the COVID-19 pandemic.

An American Psychiatric Association survey in March 2020 revealed worries about financial security and the overall economy<sup>1</sup>. More than half of those polled reported significant life disruption, and almost half reported a negative impact to their mental health. Even for those who have never used behavioral health





framework as a foundation, we have implemented this Suicide Safer Care training across eight states with over a thousand primary care providers to date. » Ensure vulnerable community members who may be experiencing

to leverage such technology. Centene has funded startup costs for some providers' telehealth practices, and currently works with vendors in di erent markets to o er tools that members can use either independently or in conjunction with a therapist. For example, Centene announced a partnership with AT&T to o er healthcare providers expedited acts t uc' tels09-(u(9)-3.9 (t)-2.4 (he)(p)-2.4 (a3 (s w)-5.8 )]2 (m3-)1.)1 (nd c)0.9 (e2s)-13 (y w)09 (o)-2.1 (l)-10dehe (p)1EMC ET/Artifac